



Government of South Australia
Department for Education

Seaford Rise Primary School



DIARY DATES

- Monday 29th June
Three Way Conferences
- Tuesday 30th June
Three way Conferences
- Thursday 2nd July
Three Way Conferences
- Friday 3rd July
School Closure Day

NO
ASSEMBLIES
UNTIL
FURTHER
NOTICE

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Edition 8

Date: 11th June

Principal's Ponderings

COVID-19 Update

I am aware that parents/carers have asked when the restrictions will ease concerning school access. After considering this matter please note the following:

- 1) Parent/carers of all children can enter the school grounds from Monday 15th June.
- 2) Classrooms will remain off-limits, but will open to parent/carers from the commencement of Term 3 which is Tuesday 21st July.

I would like to take this opportunity to sincerely thank the parents/carers for working so harmoniously with the school through this difficult period.

School Uniform

While understanding that circumstances arise from time-to-time that prevent students meeting the dress code, it has been a little disappointing to see so many students not correctly attired. In the end this is a parent responsibility. Please refer to the 'School Uniform' guidelines which can be found in the Parent Handbook on the school's website. Please remember that black is not a school colour. A small working group is currently looking at what changes might be made to the uniform, therefore any thoughts can be sent directly to Cheryl in the front office.



CRAZY HATS



Mobile Phone/Smart Watch Policy

With the advent of smart watches the school reviewed their current policy. The review has resulted in a new policy that incorporates smart watches. This policy has been ratified by the Governing Council. The policy is available on the school's website.

Three Way Conferences

Bookings opened yesterday through www.schoolinterviews.com.au and therefore I encourage you to go online and ensure you book a time to speak with your child's teacher. These conferences greatly assist the school's aim of parent, student and teacher working collaboratively together to move forward the student's learning. Our goal in 2020 is for a 80% success rate—you can do it!

Student's Behaviour

In the newsletter the school's Student Wellbeing Coordinator has provided some helpful support notes for your child. Unfortunately the fear and change around Covid-19 and the disruption to the students normal learning routines has seen a deterioration across the school re behaviour standards. It would be greatly appreciated if all parent/carers could have a discussion around appropriate behaviour at school with their child as together we get on top of this matter.

You could have this conversation the word 'respect' as it underpins all human behaviour and is a core feature of the school's approach to ensuring positive behaviour by our students.

Andrew Messenger.

STUDENT WELL BEING



As we settle back into the normality of day to day life after the lockdown, we are noticing that some students are having trouble getting back into the groove of daily life.

We have seen an increase in anxiety type behaviours, ranging from not wanting to leave parents in the morning, to students having difficulty in regulating emotions and dealing with problems in more violent way than they would have before. You may have even noticed that your child might be more prone to tears or tantrums at home.

These types of behaviours in children can be evident during and after times when things in their world do not seem as stable as it once did.

As parents we want to give our children the best care we can, and according to the WHO and Headspace there are things we can do to minimise the anxiety felt by our children.

There are also many helpful ways you can support children and young people experiencing anxiety, depending on their developmental stage. Here are some ideas:

- Give children the language to label how they're feeling, so they can learn to identify their emotions (for example, say, "It looks like you might be feeling a bit worried. Sometimes when I feel worried, my tummy feels wobbly").

Give notice prior to transitions like starting or stopping activities or moving rooms to help children and young people prepare for change.

- Develop consistent 'goodbye' routines for younger children at drop-off, to create a sense of predictability.
- Help children and young people understand that being worried, particularly in new situations, is normal, but also that there are ways for managing worried feelings.
- Help children recognise their own internal cues that they're becoming worried (for example, if they have a racing heart or are unable to think, identify and practise strategies that help them to manage their anxiety and calm down).

Ask 'What went well?' at the end of the day, so they focus on the positive rather than the negative.

If you are really concerned about your child's wellbeing and think there has been a change and you have tried some of the above strategies make an appointment to see me and we can talk about ways to support.

Michelle Currie
Student Wellbeing Leader

CRAZY HAT DAY



Support our fundraising!

Buy an Entertainment Membership today



Order your memberships online today.

www.entbook.com.au/162f986

Thousands of incredible savings on dining, activities and shopping.

FUNDRAISING WITH

PROTECT YOURSELF, YOUR FAMILY AND THE COMMUNITY



COVER YOUR COUGH



Cover your mouth and nose with a tissue when you cough or sneeze.



Cough or sneeze into your sleeve or elbow, not your hands.



Place your used tissues in the rubbish bin.



Wash your hands with soap and water, or sanitise with alcohol based hand gel.

sahealth.sa.gov.au/washwipecover

Premier's Reading Challenge

Early bird Lucky Draw is on again.

One lucky student from each class will win a Premier's Reading Challenge Book.

All you have to do is complete your reading challenge sheet by week 8 of term 2 for your chance to be an Early bird Winner. So get reading and good luck!



DONT FORGET!



SCHOLASTIC Book Club
orders are due:

19th June

REMEMBER TO BOOK YOUR 3 WAY CONFERENCES

www.schoolinterviews.com.au

To make a booking enter the code: 8hcdx and select the teacher you wish to see.

CROSSING MONITORS

Week 8

NORTH

Cruze Morgan
Bailey Richards

SOUTH

Lachie Morgan
Jaxon Knight

Week 9

NORTH

Kiralee Matthews
Skaife Hollitt

SOUTH

Fernando Downey
Caiden Gloede

Week 10

NORTH

Isabelle Mendham
Ebony Thompson

SOUTH

Ethan Foster
Seth Turley



School crossing monitors are required to be at school by 8.20am in the morning and to remain at school until 3.15pm in the afternoon.